

TALKING POINTS

RESET - YOUR FAITH

LEANING IN

As we come into this new year, the most important thing we can reset is our *faith*. We need to re-evaluate it, re-direct it, re-commit it. Trying to improve yourself doesn't work as real change comes from the inside and moves to the outside. It is not just doing something different - it is not improving the old you.

To see this change, we have to allow God to move in our innermost self.

We don't have to struggle to see the effects of this reset - all we have to do is believe and practice some key disciplines of faith. The problem is we get caught up in the world and forget a basic (and important) truth - when you come to Christ, you become a *new person*. Your old life is gone and your new life has begun. We have to commit ourselves to God to experience this reality.

Read 2 Corinthians 5:17, Ephesians 4:22-24

Why is it so difficult for us to let go of the old person we are in the world and put on the new person we are in Christ?

LIVING IT OUT

If we're looking to re-set our faith in Christ, the big question is - what facilitates this change? There are 4 disciplines of your faith that makes change possible from the inside:

Worship God With Emotion And Intensity - the reason you exist on this planet is to worship God. God wants more from you in worship because He knows it will *change your life*.

Read John 4:23-24

How would it be if we were as obsessed with worship as we are with our cel phones or sports teams?

Feed On The Word Of God - dust on our bible is evidence of us saying "God, *I got this*" while a well-used bible says, "God, *You got this*".

Read 1 Timothy 3:16-17, 1 Timothy 4:6,13, Matthew 4:4

If the Bible is truly spiritual food, how can we make reading it a greater priority in our lives?

Use The Gifts God Has Given You - Something supernatural happens in YOU when you commit to use your spiritual gifts for God. Nothing else in life will give you this kind of lift like God using you to help *someone else*.

Read 1 Peter 4:10-11

How can you become fully aware of what gift God has given you?

Connect With And Pray For Others - God can do anything, but mostly works in community. His plan for us is to connect in community and to pray for each other. Use prayer as a weapon against temptation - when you're tempted, pray for someone else

Read James 5:16

The next time you're faced with temptation, will you try responding to it by saying a prayer for someone else?